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Your complete
guide to providing

quality

programs

for kids

www.HIGHFIVE.org

HIGH FIVE® A quality standard for children's sport and recreation
Founded by Parks and Recreation Ontario

HIGH FIVE is...

Training

[Click for more information](#)

Grows with your staff to provide continual support.

- [Principles of Healthy Child Development](#)
 - [HIGH FIVE Sport](#)
 - [Healthy Minds for Healthy Children](#)
 - [QUEST 1](#)
 - [QUEST 2](#)
 - [HIGH FIVE Trainer/Sport Trainer](#)
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Quality Assessment

Provides tangible results identifying challenges and opportunities.

- Evidence-based quality measures designed specifically for recreation and sport.
- Scientifically-validated tools that present an unbiased and objective perspective.

Risk Management

Features industry-specific policies and procedures to ensure program quality.

- Evidence-based assessment tools that identify areas of risk.
- Templates and resources to help you create formalized policies and procedures.

A recognized standard across Canada

Reinforces your credibility as a provider of exceptional programs for kids.

- Proven measurement tools make quality tangible and attainable.
- Aligns with all levels of your organization simultaneously for a holistic impact.

“ Since implementing HIGH FIVE training we have seen an increase not only in the quality of program leadership, but also the quality of the basketball skills in our participants. ”

- Vancouver School Board, BC

“ Before we started HIGH FIVE training I normally had three major incidences a week involving children in our programs. Last summer I only had two issues all season. ”

- Township of Port Hope, ON

[Hear more success stories](#)

HIGH FIVE matters because...

88%

of Organizations reported that HIGH FIVE has improved the experiences of children in their programs.

Levi Coughlin, 2004

...and across Canada, more than

675,000
children

are being positively affected by HIGH FIVE Organizations.

A holistic approach to quality

As a nationally-recognized standard, HIGH FIVE gives credibility to your organization, instilling a sense of integrity and trust among stakeholders, while enhancing your community engagement, communications and marketing efforts. Implementing HIGH FIVE has been proven to elevate customer satisfaction, promote accessibility and inclusion, and provide an excellent foundation for stewardship.

Build Community & Customer Loyalty

Access your organization's assessment results in the HIGH FIVE Database and take advantage of seeing a comprehensive picture of your progress. Quantifiable and measurable results can empower your strategic planning process and support platforms for policy refinement, program improvements, and can strengthen a case for support for sponsorship, grant funding and fee-subsidy programs.

Support Strategic Planning

QUEST 1 training and the accompanying assessment Tool enable your managers to easily review adherence to existing policies and identify the need for new or enhanced policies and procedures. Comprehensive templates give your organization practical ways to mitigate and manage risk, reduce cost of operations and benefit from returning staff and participants.

Strengthen Financial Performance

By design, HIGH FIVE provides a common language that staff at every level can use to effectively discuss and review your recreation program strategies. When used in combination with regular and consistent program assessment, you are able to channel resources in a direction that yields the greatest benefit to the organization and your clients.

Sustain Operational Excellence

HIGH FIVE's scientifically-validated QUEST 2 Assessment Tool, used in conjunction with the HIGH FIVE Database, provides tangible benchmarks for your organization, identifying areas of success, areas that need improvement and opportunities for staff development.

Evaluate & Improve Programs

Promote organizational development by providing tools for your staff to excel in support of your objectives. Invaluable resources such as HIGH FIVE's renowned Healthy Minds for Healthy Children training and the Physical Activity Toolkit are freely available to those who complete front line staff training. These online supplements address industry-relevant issues, including mental health and physical literacy, and add value to your staff's core competencies.

Nurture Achievement for Team & Individuals

Improve your program retention rates by equipping your leaders with one of HIGH FIVE's foundational trainings: Principles of Healthy Child Development (PHCD) and/or HIGH FIVE Sport. Staff will use that knowledge to ensure kids in your programs always have a positive experience.

Develop Staff Expertise

Managers

Supervisors

Front line Staff



The best way to play™

Available Across Canada

info@HIGHFIVE.org

1 888.222.9838



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