

## BCRPA – APPROVED COURSES

### Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start Date	Contact	Phone	Website
<b>Aquatic Fitness</b>				
Online	Ongoing	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/aqua-fitness-online/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10. https://infofit.ca/course/aqua-fitness-online/</a>
Online	Ongoing	Body Blueprint	778.433.8884	<a href="https://www.bodyblueprint.com/collections/group-and-aqua-fitness/products/aqua-fitness-online-course-1">https://www.bodyblueprint.com/collections/group-and-aqua-fitness/products/aqua-fitness-online-course-1</a>
Mission	10-Feb-24	Vanessa Der	(604) 820-5350	<a href="mailto:jstokes@mission.ca">jstokes@mission.ca</a>
<b>Fitness Theory</b>				
Online	Ongoing	KINESIOLOGISTS.CA	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Online	Ongoing	Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Online	Ongoing	Canadian Fitness Education Services	1.877.494.5355	<a href="http://www.canadianfitness.net">www.canadianfitness.net</a>
Online	Ongoing	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
Online	Private Instruction	Sandra Starrett	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
Cloverdale/Surrey/Langley	24-May-24	KINESIOLOGISTS.CA	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>

<b>Vancouver</b>	2-Mar-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	15-Apr-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	1-May-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	8-Jun-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	15-Jul-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	24-Jul-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	28-Jul-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	21-Sep-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	17-Oct-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	21-Oct-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Vancouver</b>	9-Nov-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>

<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/fitness-theory/">BCRPA Members get 10% off all of the following great Infofit certifications. Use Promo Code BCRPA10 https://infofit.ca/course/fitness-theory/</a>
<b>Group Fitness</b>				
<b>Online</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Online</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/group-fitness-boot-camps/">BCRPA Members get 10% off great Infofit Certifications and CECS. Use promo code BCRPA10 to get 10% off https://infofit.ca/course/group-fitness-boot-camps/</a>
<b>Online</b>	Private Instruction	Sandra Starrett	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
<b>Vancouver</b>	2-Mar-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/group-fitness-boot-camps/">BCRPA Members get 10% off great Infofit Certifications and CECS. Use promo code BCRPA10 to get 10% off https://infofit.ca/course/group-fitness-boot-camps/</a>
<b>Vancouver</b>	27-Jul-24	INFOFIT Educators	604.683.0785	<a href="https://infofit.ca/course/group-fitness-boot-camps/">BCRPA Members get 10% off great Infofit Certifications and CECS. Use promo code BCRPA10 to get 10% off https://infofit.ca/course/group-fitness-boot-camps/</a>
<b>Older Adult</b>				
<b>Online</b>	Ongoing	Aaron Tews	604.372.3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/">https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/</a>
<b>Online</b>	Ongoing	Active Initiatives	250-550-8024	<a href="https://activeinitiatives.thinkific.com/courses/older-adult-fitness-module-bcrpa">https://activeinitiatives.thinkific.com/courses/older-adult-fitness-module-bcrpa</a>
<b>Online</b>	Ongoing	Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Online</b>	Ongoing	Melanie Galloway	604.732.9295	<a href="http://www.growingstrong.ca">www.growingstrong.ca</a>
<b>Online</b>	Ongoing	Body Blueprint Fitness	(250) 744-5633	<a href="https://www.bodyblueprint.com/products/older-adult-fitness?_pos=2&amp; sid=b96acd8ee&amp; ss=r">https://www.bodyblueprint.com/products/older-adult-fitness?_pos=2&amp; sid=b96acd8ee&amp; ss=r</a>
<b>Online</b>	Ongoing	Monica Thomson	(778) 433-8884	<a href="https://www.bodyblueprint.com/collections/older-adult/products/older-adult-fitness">https://www.bodyblueprint.com/collections/older-adult/products/older-adult-fitness</a>
<b>Osteofit</b>				
<b>Lower Mainland</b>	Check website	Debbie Cheong	604-875- 2555	<a href="http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors#Certification">http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors#Certification</a>

## Personal Training

<b>Online</b>	Private Instruction	Sandra Starrett	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
<b>Online</b>	Ongoing	Aaron Tews	604-372-3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Online</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Online</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Online</b>	Ongoing	Monica Thomson	(778) 433-8884	<a href="https://www.bodyblueprint.com/collections/personal-training/products/personal-training-online-course">https://www.bodyblueprint.com/collections/personal-training/products/personal-training-online-course</a>
<b>New Westminster</b>	Ongoing	Douglas College	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	10-Feb-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	12-Mar-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	3-Apr-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	6-Apr-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	25-May-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	11-Jun-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>

<b>Vancouver</b>	26-Jun-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	13-Jul-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	7-Sep-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	16-Sep-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	26-Oct-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	7-Dec-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	11-Dec-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Pilates</b>				
<b>Zoom/Vancouver</b>	Ongoing	Lela Dawson	604 318 3326	<a href="http://www.LelaDPilates.com">www.LelaDPilates.com</a>
<b>Online/Vancouver</b>	30-May-24	Lela Dawson	604 318 3326	<a href="http://www.LelaDPilates.com">www.LelaDPilates.com</a>
<b>Weight Training</b>				
<b>Online</b>	Private Instruction	Sandra Starrett	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
<b>Online</b>	Ongoing	Aaron Tews	778.574.1190	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Online</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Online</b>	Ongoing	Cari Plotnikoff	604-809-6039	<a href="mailto:cari_plotnikoff@shaw.ca">cari_plotnikoff@shaw.ca</a>
<b>Online</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>

<b>Online</b>	Ongoing	Monica Thomson	(778) 433-8884	<a href="https://www.bodyblueprint.com/collections/weight-training/products/weight-training-online-course">https://www.bodyblueprint.com/collections/weight-training/products/weight-training-online-course</a>
<b>New Westminster</b>	Ongoing	Douglas College	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	12-Feb-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	6-Mar-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	16-Mar-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	4-May-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	13-May-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	29-May-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	22-Jun-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Vancouver</b>	13-Aug-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infofit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>

Vancouver	17-Aug-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
Vancouver	21-Aug-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
Vancouver	5-Oct-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
Vancouver	9-Nov-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
Vancouver	13-Nov-24	INFOFIT Educators	604.683.0785	<a href="#">BCRPA Members get 10% off all of the following great Infokit certifications or CEC courses. Use promo code BCRPA10 to get 10% off</a>
<b>Yoga Fitness</b>				
Online	Ongoing	Fitflow Yoga	7788829642	<a href="https://fitflowyoga.ca/">https://fitflowyoga.ca/</a>